

**Long View Health Care Center
December 2016
Memory Care Weekly Specials**

Meals and Snacks

7:00 a.m. -Breakfast
10:00 a.m.- Snacks
11:30 a.m.- Lunch
3:00 p.m.- Snacks
5:00 p.m.- Dinner
8:00 p.m.- Snacks

Routine Activities

9:00 a.m.- Morning Exercise
9:30 a.m.- Current Events
10:30 a.m.- Unit Walks
12:30 p.m.- 1:1 Visits
3:00 p.m.- Relaxation Hour



Sunday 4	1:30p.m.- Religious Activity 6:00p.m. – Sunday Night Movie
Monday 5	1:30p.m.- Arts and Crafts: Hand Wreath 6:00p.m.- Evening Exercise
Tuesday 6	1:30p.m.- Gingerbread Houses 6:00p.m.- Christmas Music Trivia
Wednesday 7	1:30p.m.- Cooking: Christmas Tree Bark 6:00p.m.- Pearl Harbor Remembrance
Thursday 8	1:30p.m.- Bowling Blow Up Game 6:00p.m.- Music with Jim
Friday 9	1:30p.m.- BINGO 6:00p.m.- Christmas Jokes
Saturday 10	1:30p.m.- Holiday Hangman 6:00p.m.- Netflix Movie

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Sunday 11	1:30p.m.- Religious Activity 6:00p.m. – Sunday Night Movie
Monday 12	1:30p.m.- Arts and Crafts: Kate’s Christmas Lip Balm 6:00p.m.- Evening Exercise
Tuesday 13	1:30p.m.- Kate’s Christmas Bazar 6:00p.m.- Hot Chocolate and Peppermint Sticks
Wednesday 14	1:30p.m.- Holiday Craft: Reindeer Craft 6:00p.m.- Name that Holiday Song
Thursday 15	1:30p.m.- Cooking: Chocolate Chip Cookies 6:00p.m.- Nail Care and Holiday Movie
Friday 16	1:30p.m.- Live Christmas Music: Robin Hoke 6:00p.m.- Brain Games
Saturday 17	1:30p.m.- BINGO 6:00p.m.- Netflix Movie



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Sunday 18	1:30p.m.- Religious Activity: The Christmas Story 6:00p.m. – Sunday Night Movie
Monday 19	1:30p.m.- Arts and Crafts: Snowmen Pins 6:00p.m.- Evening Exercise
Tuesday 20	1:30p.m.- Holiday Movie/Decoration Contest 6:00p.m.- BINGO
Wednesday 21	1:30p.m.- Cooking: Sugar Cookies 6:00p.m.- First Day of Winter: Winter Fun Facts
Thursday 22	1:30p.m.- Holiday Party 6:00p.m.- Nail Care and Holiday Movie
Friday 23	1:30p.m.- Santa Races 6:00p.m.- Christ Music with Kate
Saturday 24	1:30p.m.- Crafts with Mary: Tea light Snowmen 6:00p.m.- Netflix Movie

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Sunday 25	1:30p.m.- Christmas Cooking: Rice Crispy Treats 6:00p.m. – Sunday Night Movie
Monday 26	1:30p.m.- Boxing Day Facts and Craft 6:00p.m.- Evening Exercise
Tuesday 27	1:30p.m.- BINGO 6:00p.m.- Cup Gamble
Wednesday 28	1:30p.m.- Cooking: Oatmeal Cookies 6:00p.m.- Dance and Music with Mary
Thursday 29	1:30p.m.- Game Hour: Big Ring Toss 6:00p.m.- Brain Games
Friday 30	1:30p.m.- New Years Party 6:00p.m.- Nail Care and Movie
Saturday 31	1:30p.m.- New Years Resolutions 6:00p.m.- Netflix Movie