



## REHABILITATION SUCCESS!

WE ARE PLEASED TO SHARE ANOTHER WONDERFUL REHAB SUCCESS STORY

### CASE STUDY

Ms. Shoun is a 92 year old female who was admitted to Calvert Manor after a total hip replacement of a fractured left hip. Ms. Shoun was walking in her home and tripped on a threshold resulting in a fractured hip. Mrs. Shoun was independent with the use of a single point cane in her home prior to her fall. Her goals were to gain strength and to return home. She worked very hard in therapy while maintaining a positive attitude.

### THERAPY INTERVENTION

- Therapeutic Exercise and Strength Training
- Transfer Training
- Self-Care and Functional Activities of Daily Living Training
- Car Transfer Training
- Neuromuscular Reeducation
- Family and Caregiver Training
- Wheelchair Mobility
- Balance training
- Functional Tasks Related to Independent Living at Home

### SUCCESS STORY

Today Ms. Shoun is walking well again. She diligently worked in rehab for twenty five days, receiving physical and occupational therapy. She relearned how to sit, how to move from her bed to her wheelchair, how to walk with a rolling walker and how to perform daily living tasks safely. She especially enjoyed functional tasks such as washing dishes and working in the kitchen.

An interdisciplinary care plan meeting was held to implement a safe discharge plan to ensure her success after returning home. The rehab team suggested home health in order to ensure that she continues with the gains in strength and function that she had already achieved. After discussion with Ms. Shoun and her son a discharge plan was put into place and Ms. Shoun returned to her home with assistance from her son.

OUR FAMILY  
*Caring For*  
YOUR FAMILY