



















For all day trips, come to the Senior Activity Center Office, 3rd floor, for a boarding pass.

MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 <i>Father of the Bride (1991)</i> with Steven Martin and Diane Keaton 1:30 PM to 3:30 PM 3rd Floor Library </p>	2	<p>3 Chinese Market Check-in by 9:25 AM Mandarin Bible Study, 3:00 PM to 4:00 PM 3rd Floor Library</p>	<p>4 Spring Rummage Sale 10:00 AM to 1:30 PM Hill Street Courtyard </p>
<p>7  Check-in by 9:25 AM</p>	<p>8  Check-in by 9:25 AM <i>I Remember Mama (1948)</i> with Irene Dunne 1:30 PM to 3:30 PM 3rd Floor Library </p>	<p>9 Blood Pressure Check 8:30 AM to 11:00 AM Tom Bradley Center For Health Care, 2nd Floor Joyful Christian Community Church - 10:00 AM to 11:30 AM 4th Floor Auditorium Mandarin Bible Study 3:00 PM to 4:30 PM 4th Floor Auditorium</p>	<p>10  Check-in by 9:25 AM</p>	<p>11 Ladies' Tea in Honor of Mother's Day 1:30 PM to 3:30 PM Fifth Floor Dining Room</p>
<p>14 TRADER JOE'S Check-in by 9:25 AM</p>	<p>15  Check-in by 9:25 AM Fall Prevention Clinic 2:00 PM to 3:00 PM Tom Bradley Center for Health Care 2nd Floor <i>How To Make An American Quilt (1995)</i> with Winona Ryder and Anne Bancroft 1:30 PM to 3:30 PM 3rd Floor Library </p>	<p>16 <i>Crouching Tiger, Hidden Dragon (2001)</i> with Chow Yun-fat and Michelle Yeoh – 1:30 PM to 3:30 PM: <i>Movie will be in Mandarin with English subtitles.</i>  Karaoke Workshop, 1:30 PM to 3:00 PM 3rd Floor Activity Room Chinese Resident Birthday Party 6:00 PM to 8:00 PM  4th Floor Auditorium</p>	<p>17 Chinese Market Check in by 9:25 AM How Healthy are Your Lungs? Screening 10:00 AM - 11:00 AM Tom Bradley Center for Health Care, 2nd Floor Korean Bible Study, 3:00 PM to 4:30 PM 4th Floor Auditorium Mandarin Bible Study 3:00 PM to 4:30 PM 3rd Floor Library</p>	<p>18 Asian & Pacific Islander's Older Adult Festival – 1:30 PM Hill Street Courtyard</p>
<p>21  Check-in by 9:25 AM</p>	<p>22  Check-in by 9:25 AM <i>The Long Long Trailer (1953)</i> with Lucille Ball and Desi Arnaz. 1:30 PM to 3:30 PM 3rd Floor Library </p>	<p>23 Joyful Christian Community Church - 10:00 AM to 11:30 AM 4th Floor Auditorium Mandarin Bible Study 3:00 PM to 4:30 PM 4th Floor Auditorium</p>	24	25
<p>28 Memorial Day <i>Remember and Honor the Men and Women who gave their lives for our Freedom.</i> </p>	<p>29  Check-in by 9:25 AM <i>To Hell And Back (1955)</i> with Audie Murphy and Marshall Thompson 1:30 PM to 3:30 PM 3rd Floor Library </p>	30	<p>31 Getty Center – 9:30 AM Admission: Free</p>	

Older American Month



Every May, the Administration on Aging, part of the Administration for Community Living, leads our nation's observance of Older American's Month. The 2018 theme, **Engage at Every Age**, emphasizes that you are never too old (or young) to take part in activities that can enrich your physical, mental, and emotional well-being. It also celebrates the many ways in which older adults make a difference in our communities.

Participating in activities that promote mental and physical wellness. For example, offering your wisdom and experience to the next generation. No matter where you are in your life, there is no better time than now to start. We hope you will join in and **Engage at Every Age!**