

WEEKLY CLASSES, CLUBS & MEETINGS

ARTS, CULTURE & EDUCATION: CHECK WITH INSTRUCTORS FOR HOLIDAY SCHEDULE



ANGELUS PLAZA CHINESE RESIDENT CHORUS

Tuesdays: 5:00 PM - 4th Floor Auditorium

ANGELUS CHORUS

Saturdays: 10:00 AM - 4th Floor Auditorium

ANGELUS PLAZA SEWING CLUB

Tuesdays and Thursdays : 9:30 AM TO 12:00 PM - Room 403

ASIAN FOLK DANCE

Monday through Fridays: 7:00 AM - 4th Floor Auditorium

CHINESE INSTRUMENT MUSIC CLASS

Wednesdays: 3:00 PM - Room 302

CHINESE OPERA

Mondays: 1:30 PM - Room 302

COMPUTER LAB

Mondays and Wednesdays - 9:00 AM to 1:30 PM

Tuesdays and Thursdays - 9:00 AM to 4:00 PM

Fridays - 11:30 AM to 1:30 PM

ENGLISH CONVERSATION GROUP

Fridays: 9:00 AM - Computer Lab

IL HO CALLIGRAPHY CLASS

Mondays and Wednesdays: 1:00 PM - Room 304



IL HO CALLIGRAPHY CLASS

Mondays and Wednesdays: 1:00 PM - Room 304

JAPANESE FOLK DANCE CLASS

Tuesdays: 9:30 AM - Activity Room

KOREAN AMERICAN ART - CALLIGRAPHY

Thursdays: 1:30 PM - Room 304

KOREAN FOLK DANCE CLASS

Mondays: 2:30 PM - 4th Floor Auditorium

LIBRARY HOURS

Thursdays and Fridays: 9:00 AM - 12:00 PM

LINE DANCE CLASS

Tuesdays, Wednesdays and Thursdays: 3:00 PM
and Saturdays: 2:00 PM - Activity Room

MOVIES

Tuesdays: 1:30 PM - Library

PAPER QUILLING CLASS (PAPER CRAFT)

Mondays and Fridays: 9:30 AM - Room 313

TECHNOLOGY HELP CLINIC

Mondays, Wednesdays and Fridays: 1:30 PM - Computer Lab

WORSHIP DANCE CLASS

Wednesdays: 11:00 AM and Fridays: 2:30 PM - Activity Room



HEALTH & WELLNESS:

ALCOHOLICS ANONYMOUS (AA)

Monday — Friday: 12:00 PM - Library

CHAIR YOGA

Wednesdays: 10:00 AM - 4th Floor Auditorium

Fridays: 9:30 AM - 4th Floor Auditorium

BALANCE & STRENGTH EXERCISE

Saturdays: 9:00 AM - 4th Floor Auditorium

CALIFORNIA DINING CENTER (NUTRITION PROGRAM)

Monday through Friday: Register for lunch at 9:30 AM - 4th Floor Cafeteria

KUNG FU EXERCISE

Wednesdays, Thursdays and Fridays: 9:00 AM - 4th Floor Auditorium

LU TOON CHANG (EXERCISE)

Monday through Saturday: 7:00 AM - Glass House or Promenade Deck

TAI CHI

Wednesdays: 1:30 PM - Activity Room

YUAN JI (DANCE EXERCISE)

Mondays, Thursdays and Fridays: 8:00 AM - Promenade Deck

ZUMBA EXERCISE CLASS

Mondays: 10:00 AM - Activity Room



RECREATION/SOCIALIZATION

BAYANHIAN DANCE CLUB

Tuesdays: 11:30 AM - Activity Room

CHINESE DANCE PARTY

Mondays and Thursdays: 12:30 PM - Activity Room

CHINESE RESIDENT CLUB — KARAOKE

Tuesdays: 2:00 PM - 4th Floor Cafeteria

ANGELUS PLAZA KOREAN - KARAOKE

Fridays: 1:00 PM - 4th Floor Cafeteria

LATIN AMERICAN CLUB SOCIAL

Sundays: 12:30 PM - Activity Room

LATIN AMERICAN CLUB — GAME DAY

Wednesdays: 1:30 PM - 4th Floor Cafeteria

LOS ANGELES COUNCIL OF FILIPINO-AMERICAN SENIORS (LACFAS) SOCIAL

Fridays: 11:30 AM - Activity Room

PEKING OPERA — KARAOKE

Thursdays: 2:30 PM - Room 313

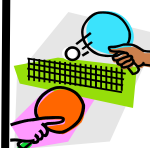
PING PONG SCHEDULE *(Bring your own equipment)*

Sunday, Wednesday, Thursday and Friday: 7:30 AM - 11:30 AM

Monday and Tuesday: 7:30 AM - 9:30 AM

Monday, Wednesday and Friday: 3:30 PM - 5:30 PM

Saturdays: 7:30 AM - 1:30 PM



CHURCH SERVICES

ANGELUS MISSION CHURCH

Sundays: 2:00 PM—4th Floor Auditorium

UNIVERSAL MISSION CHRISTIAN CHURCH WORSHIP

Sundays: 10:00 AM - 4th Floor Auditorium

CATHOLIC MASS

Saturday, MAY 21 - 4:00 PM, 4th Floor Auditorium



WEEKLY BIBLE STUDY AND PRAYER MEETINGS

KOREAN MORNING PRAYER

Sunday through Friday: 5:30 AM - 4th Floor Auditorium

KOREAN PRAYER MEETING

Fridays: 6:30 PM - 4th Floor Auditorium

LEGION OF MARY MEETING

Wednesdays: 6:30 PM - Room 313

MANDARIN BIBLE STUDY

Mondays: 5:00 PM - 4th Floor Cafeteria



BIBLE STUDY - ONCE OR TWICE A MONTH

CANTONESE BIBLE STUDY

Monday, MAY 2 - 2:00 PM, Cafeteria

KOREAN BIBLE STUDY

Thursday, MAY 19 - 3:00 PM - 4th Floor Auditorium

MANDARIN BIBLE STUDY

Thursday, MAY 5 and MAY 19 - 3:00 PM, Library
Wednesday, MAY 11 and MAY 25 - 3:00 PM, 4th Floor Auditorium

