

**Residential Living**

**Tower's Menu**

**July**

**2018**

**Menu Subject to Change**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>One Meal Day</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1.Sausage/Parm/Kale</b>	<b>2. Lentil Soup</b>	<b>3.Tomato Soup</b>	<b>4TH Of July Buffet</b>	<b>5.Black Bean Soup</b>	<b>6.Italian Wedding</b>	<b>7.Cream Of Mushroom</b>
Grilled Mahi Steak Diane Asparagus Carrots Marble Potatoes	Stuffed Flounder Greek Burger Squash Broccoli Rice	Pork Tenderloin Sausage Tortellini Zucchini Green Bean Almandine Au Gratin Potatoes	<b>BBQ Ribs</b> <b>Oven Roasted Chicken</b> <b>Grilled Salmon</b> <b>Corn/Mixed Vegetables</b> <b>Mashed Potatoes/Gravy</b> <b>Baked Beans</b>	Carnitas Pork Shepherds Pie Peas & Carrots Breaded Vegetables Yellow Rice	Baked Tilapia Swiss Steak Winter Blend Harvard Beets Roasted Red Potatoes	Philly Cheese Steak Hawaiian Meatballs Normandy Blend Spinach Jasmine Rice
<b>8.Clam Chowder</b>	<b>9. Beef Noodle</b>	<b>10.Loaded Potato</b>	<b>11.Beef Vegetable</b>	<b>12.Gumbo</b>	<b>13.Vegetable Soup</b>	<b>14.Navy Bean &amp; Ham</b>
Pot Roast W/Root Vegetables Broiled Haddock Italian Green Beans Broccoli & Cheese Baby Bakers	Pork W/Apple Chutney Country Fried Steak Peas Vegetable Medley Wild Rice	Fried Chicken Grilled Salmon Corn Collard Greens Mac & Cheese	Shrimp & Grits Turkey W/Dressing Mixed Vegetables Breaded Mushrooms Yams	Beef Stroganoff Chicken W/Spinach Artichoke Grilled Vegetables Okra & Tomatoes White Rice	Roast Chicken Breaded Shrimp Roasted Corn California Blend Yellow Rice	Spaghetti W/ Meatballs Chicken Caesar Wrap Roasted Vegetables Cauliflower Curly Fries
<b>15.Corn Chowder</b>	<b>16.Beef Barley</b>	<b>17.Split Pea &amp; Ham</b>	<b>18.Minestrone</b>	<b>19.Sausage Tortellini</b>	<b>20.Chicken &amp; Rice</b>	<b>21.Tomato Basil</b>
Beef Brisket Sweet Onion Incrusted Tilapia Grilled Squash & Zucchini Corn Nuggets Twice Baked Potatoes	Lasagna Pork Cutlet Beets Italian Vegetables Lima Beans	BBQ Chicken Cheeseburger Sliders Corn Cobbett's Brussel Sprouts Baked Beans	American Chop Suey Kielbasa Cabbage California Blend Onion Rings	Meatloaf Chicken Cordon Bleu Broccoli Spears Fried Green Tomatoes Garlic Mashed Potatoes	Fried Catfish Pecan Chicken Breaded Okra Mustard Greens Mac & Cheese	Swedish Meatballs Popcorn Shrimp Cream Corn Vegetable Melody Baby Bakers
<b>22.Pasta Faggioli</b>	<b>23.Turkey Noodle</b>	<b>24.Chili</b>	<b>25. Egg Drop Soup</b>	<b>26.Chicken &amp; Dumpling</b>	<b>27.Enchilada Soup</b>	<b>28.Cream of Potato</b>
Roast Turkey Glazed Ham Green Bean Casserole Sliced Carrots Mashed Sweet Potatoes	Chicken Cacciatore Baked Tilapia Breaded Vegetables Cream Spinach Rice Pilaf	Salisbury Steak Chicken Wings Zucchini Stewed Tomatoes Scalloped Potatoes	Pepper Steak Chicken Lo Mein Spring Roll Oriental Blend Jasmine Rice	Seafood Salad Croissant Grilled Pork Chop Field Peas Succotash Tri Color Potatoes	Fish Taco Taco Salad Vegetable Melody Roasted Corn Refried Beans	Country Fried Steak Eggplant Parmesan Brussels Sprouts Pea & Mushrooms Cheesy Potatoes
<b>29.Manhattan Chowder</b>	<b>30.Creamy Chicken</b>	<b>31.Crawfish Chowder</b>				
Linguini & Clam Sauce Roast Leg Of Lamb Baby Carrots Cream Spinach Fingerling Potatoes	Steak Kebabs Stuffed Sole W/Dill Sauce Broccoli Grilled Vegetables Crinkle Cut Fries	Shells W/Marinara Mediterranean Chicken Cabbage Stewed Tomatoes Yellow Rice	<b>Check Boards for Daily Chef Specials</b>			