

July 2018

# Pioneer House

415 P Street Sacramento, CA 95814 \* (916) 442- 4906



**Robert Godfrey**  
Executive Director

**Jill Garcia**  
Director of Nursing

**Sandhya Mala**  
Social Services Director

**Stephanie Butler**  
Human Resources

**Frances Santillan**  
Director of Marketing

**Candace Worthen**  
Director of Activities

**Shawana Brown**  
Food Service Director

**Lonnie Anderson**  
Environmental Services

**Roop Lal**  
Maintenance Supervisor

Dear Residents, Families, Team Members,  
Friends of Pioneer House

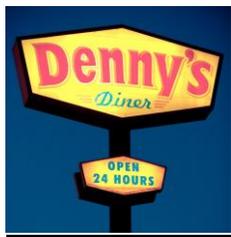
Happy month of July! Summer has finally arrived, and we hope you enjoy this warmer weather. According to [usclimatedata.com](http://usclimatedata.com), the average high temperature in Sacramento is 92 degrees Fahrenheit. We'll enjoy this "average" heat wave together!

This month, please be sure to check your calendar and bulletins for events taking place. We have many activities and programs going throughout the month and want to thank those that have made suggestions and to our activities department for putting the calendars and events together.

If there is anything we can do to help you, please don't hesitate to ask. It is our privileged to assist and coordinate your requests as we can.

Thank you again for choosing Pioneer House. Have a great month of July!





Wednesday July 4<sup>th</sup>  
11:00am

Want breakfast for dinner? Milk Shakes in the morning? Delicious hamburgers, handmade sandwiches, fresh salads and more anytime 24/7? You've come to the right place



Wednesday July 11<sup>th</sup>  
10:30am

Located in the heart of Midtown Sacramento, Sutter's fort State Historic Park known as a living history Museum. Join us and explore this with your Pioneer House friends and neighbors.

**Admission: \$5**



Wednesday July 18<sup>th</sup>  
11:00am

McKinley park is one of the best, most featured parks in the Sacramento area. The well-known garden, which grew from its initial 400 rose plants to about 944 rose plants in 1940 to more than 1,200 rose plants today, is a popular site for daily visitors, weddings and memorial services

## Shopping & Outings

7/4 8:30 Safeway & Rite Aide  
**11:00 Out to Lunch Denny's**  
1:30 Target

7/11 8:30 Trader Joes  
**10:30 Sutter's Fort**  
1:30 Dollar Tree

7/18 8:30 Raley's  
**11:00 KFC Picnic**  
**McKinley Park**  
**Rose Garden**

7/25 8:30 Save Mart  
**11:00 Out to Lunch**  
**Vic's Ice Cream**  
1:30 Wal- Mart

Be sure to sign up at the front desk as spots fill up quickly



Wednesday July 25<sup>th</sup>  
11:00am

Vic's has maintained much the same atmosphere that it had when the store opened in 1947. The black and white checkered floor tiles, blue jeans and tucked-in shirts worn by employees and menu items all date back to the store's inception during the Truman administration. **Ask to see the menu**

## 6<sup>th</sup> Floor News

Picnic on the Patio July 12<sup>th</sup>



Make a fruit Salad July 11<sup>th</sup>

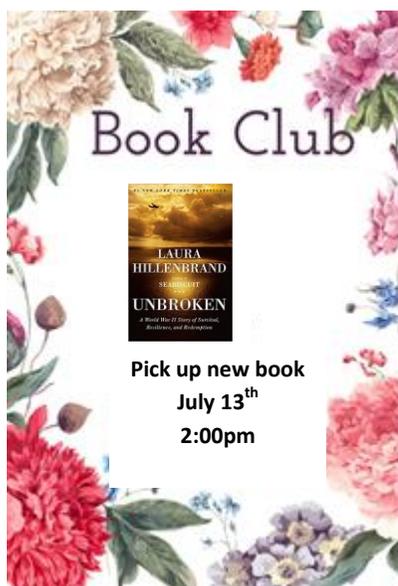


Pie Tasting July 16<sup>th</sup>



## Employee of the Month **Pablo Veridiano**

**Pablo is our night nurse working when most of us are deep in sleep. He has years of experience working in long term care. We are lucking to have him. He makes sure the needs and the care of the Resident in skilled rehab are met on the 6th floor. He has been working here at Pioneer House for about three years. He enjoys family time and playing all kinds of games when he is not here.**



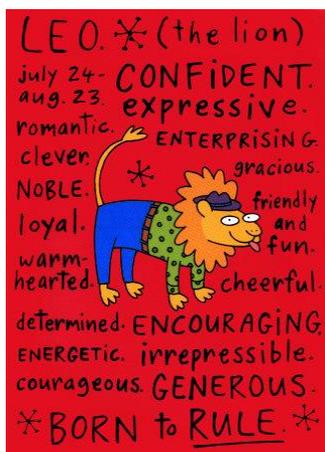
**NEW YORK TIMES BESTSELLER • The incredible true story of survival and salvation that is the basis for two major motion pictures: 2014's *Unbroken* and the upcoming *Unbroken: Path to Redemption*.**



On a May afternoon in 1943, an Army Air Forces bomber crashed into the Pacific Ocean and disappeared, leaving only a spray of debris and a slick of oil, gasoline, and blood. Then, on the ocean surface, a face appeared. It was that of a young lieutenant, the plane's bombardier, who was struggling to a life raft and pulling himself aboard. So began one of the most extraordinary odysseys of the Second World War.

## Horoscopes and Birthdays

In astrology, those born between July 1–21 are Crabs of Cancer. Guided by their hearts, Crabs are deeply emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle. Those born between July 22–31 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause.



- Carl Lewis (Olympian) – July 1, 1961
- Ann Landers (advice columnist) – July 4, 1918
- Ed Ames (singer) – July 9, 1927
- E. B. White (author) – July 11, 1899
- Woody Guthrie (folk singer) – July 14, 1912
- Ginger Rogers (actress) – July 16, 1911
- John Glenn (astronaut) – July 18, 1921
- Ernest Hemingway (writer) – July 21, 1899
- Don Drysdale (ballplayer) – July 23, 1936
- Mick Jagger (singer) – July 26, 1943
- Beatrix Potter (author) – July 28, 1866
- J. K. Rowling (author) – July 31, 1965

## July Birthdays

Maria Marquez	7/02	
Rick Betis	7/08	
Betty Sherven	7/13	
Ruby Davis	7/18	
Nellie Nigro	7/19	
Helen Lee	7/21	
Faithe Orebaugh	7/21	
Madeline Baez	7/23	
<b>Florence Palmer</b>	<b>7/25</b>	<b>100</b>
Nellie Cresci	7/26	
Anna Weekes	7/26	
Marie Andrade	7/29	
Shirley Gomez	7/30	

**Birthday Party**  
**Thursday July 26<sup>th</sup>**  
**3:00pm**  
**Activity Room**



**Pioneer House is proud to celebrate the**  
**100<sup>th</sup>**  
**Birthday of**  
**Florence Palmer!!**



Florence was born July 25<sup>th</sup> 1918 in Ogden, Utah. She grew up in the city taking care of her father. Married at the age of seventeen with one son John, and a step daughter. She has five grandchildren, but prefers all staff to call her grandma. Moved into Pioneer House June 06, 2014. In her spare time she reads the bible, enjoys having visitors, making jokes, and loves cats, jewelry and Music. Ms. Palmer has always stated that Pioneer House is her second home and thanks god for placing here. Florence is the most generous and kind person. She always has a big smile on her face.

