

AUGUST 2018

Pioneer House

415 P Street Sacramento, CA 95814 * (916) 442- 4906



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Sandhya Mala
Social Services Director

Stephanie Butler
Human Resources

Amy Nash
Assisted Living Coordinator

Frances Santillan
Director of Marketing

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Lonnie Anderson
Environmental Services

Roop Lal
Maintenance Supervisor



August Announcements

Pioneer House welcomes our new employees.

Amy Nash, ALU Manager

Amber Baird, Dietary Aide

Shalea Massey, Caregiver



Wednesday August 1, 2018

11:00am

The Crocker Art Museum features the world's foremost display of California art and is renowned for its holdings of European master drawings and international ceramics. The Crocker serves as the primary regional resource for the study and appreciation of fine art and offers a diverse spectrum of exhibitions, events, and programs to augment its collections, including films, concerts, studio classes, lectures, children's activities, and more.

Admission

FREE for Crocker members

Adults \$12

Seniors, college students, and military \$8



Wednesday August 8, 2018

11:00 am

The Old Spaghetti Factory's menu is made on-site, from scratch, using fresh ingredients. Unlike most restaurants, when you order our entrées, we serve you a complete meal, which includes bread, soup or salad, and dessert.



Wednesday August 15, 2018

11:00am

What makes a perfect bite? Different taste and textures all coming together in one delectable forkful flavor. Dishes with this sort of perfection are what you will find at Mimi's Café

Shopping & Outings

- | | | |
|------|-------|-----------------------------------|
| 8/1 | 8:30 | Safeway & Rite Aide |
| | 11:00 | Crocker Art Museum |
| | 1:30 | Macy's |
| 8/8 | 8:30 | Trader Joes |
| | 11:00 | Out to Lunch
Spaghetti Factory |
| 8/15 | 8:30 | Raleys |
| | 11:00 | Out to Lunch
Mimi's Café |
| 8/22 | 8:30 | Save Mart |
| | 11:00 | Target |
| | 1:30 | Ross |
| 8/29 | 8:30 | Grocery Outlet |
| | 11:00 | Dollar Tree |
| | 1:30 | Wal-Mart |
| | 6:15 | River Cats Game |

Be sure to sign up at the front desk as spots fill up quickly



Wednesday August 29, 2018

6:15pm

The Sacramento River Cats are a Minor League Baseball team based in West Sacramento, California. The team plays in the Pacific Coast League and is the Triple-A affiliate of Major League Baseball's San Francisco Giants.

Residents purchase own tickets \$12

6th Floor News

Wheel of Fortune Game



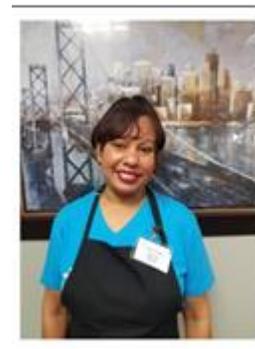
Music Every Sunday with Phyrunn



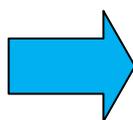
Sunflower Craft Aug. 22nd



Employee of the Month



Mohini has been serving our residents at Pioneer House since July 2006. Her dedication to our department is appreciated. She's very flexible and will even volunteer to work extra shifts. Our residents are valued by Mohini she takes no time to memorize all of their likes and dislikes to make their dining experience extra special and memorable.



The Night Circus is a phantasmagorical fairy tale set near an ahistorical Victorian London in a wandering magical circus that is open only from sunset to sunrise. *Le Cirque des Rêves* (The Circus of Dreams) features such wonders and "ethereal enigmas" as a blooming garden made all of ice, acrobats soaring without a net, and a vertical cloud maze where patrons who get lost simply step off and float gently to the floor. The circus has no set schedule, appearing without warning and leaving without notice; they travel in a train disguised as an ordinary coal transport. A network of devoted fans styling themselves "*rêveurs*" ("dreamers") develops around the circus; they identify to each other by adding a splash of red to garb that otherwise matches the characteristic black and white of the circus tents. The magical nature of the circus is occluded under the guise of legerdemain; the illusionist truly transforms her jacket into a raven and the fortune teller truly reads the

Horoscopes and Birthdays

In astrology, those born between August 1–22 are Leo's Lions. Lions are the "kings" of the zodiac: dramatic, ambitious, confident, and hard to resist. Leos are also generous and loyal, putting both their family and friends first. Those born between August 23–31 are Virgos. Detail-oriented Virgos have a deep sense of humanity, a trait that makes them careful, tender, and practical. Since all that attention to detail is put into the service of others, Virgos make perfect humanitarians.

Take a Birthday Bough

August 1–4: Cypress

Those who fell from the cypress tree are very faithful. They love to be around other people and are extremely adaptable to new situations. They are optimistic and take what life has to offer.

They tend to be very content.

August 5–13: Poplar

People who fell from the poplar tree take their friendships and spousal relationships very seriously. They tend to be loyal.

They can be relied upon in almost any situation. They are also imaginative and creative.

August 14–23: Cedar

Those who fell from the cedar tree are not in the least bit shy. In fact, they exude selfconfidence and outgoingness.

It's no surprise that they make great public speakers. Since patience is not one of their virtues, they are quick to make decisions.

August 24–31: Pine

People who fell off the pine tree are very active and creative. Even though they can be perfectionists, they make great companions.

They are frugal and know how to stretch the buck and yet still live comfortably.



August Birthdays

Karin Hansen 8/04

Richard Bullert 8/07

Ken Pierce 8/10

Betty Adam 8/14

Connie Linker 8/23

Antonio Ramos 8/25

Jim Elkins 8/30

Ed Wright 8/30

Birthday Party
Thursday August 30th
3:00pm
Activity Room



Birthstone – Peridot



The peridot, the birthstone for the month of August, is a beautiful stone that ranges in color from olive to lime green, although it sometimes has a brownish tint. It is one of the few gemstones that is found in one color. The green color is due to the presence of iron. Stones with a brownish tint have higher levels of iron.

What's Lucky in August?

Lucky Color: Yellow
Lucky Day: Sunday
Lucky Numbers: 5 and 7
Lucky Letter: D
Lucky Plant: Gladiolus