

APRIL 2018

Pioneer House

415 P Street Sacramento, CA 95814 * (916) 442- 4906



Robert Godfrey
Executive Director

Jill Garcia
Director of Nursing

Lorena Hernandez
Business Office Manager

Frances Santillan
Marketing Director

Sandhya Mala
Social Services Director

Candace Worthen
Director of Activities

Shawana Brown
Food Service Director

Lonnie Anderson
Environmental Services

Roop Lal
Maintenance Supervisor

Announcements

Pioneer House Wish Tree



Making dreams come true for our community!

Check out Our New Bus!!!



Passport to Brazil

Monday April 9th

10:00am
Drum Circle with Tammy- 6th Floor

1:30pm
Make a Rain Stick

2:30pm
Treats from the Amazon

3:00pm
Rain Forest Movie

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Tuesday April 4th

10:30am

Department store which sells brand-name apparel for men, women, and kids, bed & bath, toy, electronics, and home décor at discount prices.



Wednesday April 11th

1:30 PM

Goodwill Industries of Sacramento Valley & Northern Nevada, Inc. was established in Sacramento in 1933. Over the next 77 years, the organization housed itself in a number of quarters – a church, an abandoned firehouse, a stately home and finally in 1965, in its own building.



Peace Cuisine

Wednesday April 18th

11:00am

Definitely a Gem in this town!!
Peace Cuisine started on November 2014. Our chef and owner, Eric Kuang is a master on Cantonese and American Chinese Cuisine. We offer not only on-menu items but also special off-menu dishes which required notice ahead of time.

Shopping & Outings

- | | | |
|------|-------|---------------------------------|
| 4/4 | 8:30 | Safeway & Rite Aid |
| | 10:30 | Ross |
| 4/11 | 8:30 | Trader Joe's |
| | 1:30 | Thrift Store Alhambra Blvd |
| 4/18 | 8:30 | Raley's |
| | 11:00 | Out to lunch Peace Cuisine |
| 4/25 | 8:30 | Save Mart |
| | 11:00 | Out to Lunch Carol's Restaurant |
| | 1:30 | Wal-Mart |

Please sign up at the front desk.
Spots will fill up fast.



Carol's Restaurant

Wednesday April 25th

11:00am

What's the best kept secret around? It's how Carol's Restaurant keeps their food reasonably priced without sacrificing taste. The breakfast menu receives the most rave reviews from patrons, but you can also stop in for lunch and dinner later in the day. For a meal truly worth eating, the place to go is definitely Carol's Restaurant who serves up the mouthwatering best food in town.

6th Floor News

Drum Circle with Tammy.
Monday April 9th, 10:00am



Sing A Long with Clint
Monday April 16th, 10:00am



Smoothies Are Back!!!



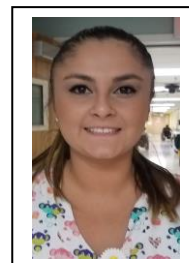
Celebrating more fun National Days!
Pay attention the Dailies!

Book Club

Every
Friday at 2:30pm
Library

Employee of the Month

Brenta Rodriguez



Pioneer House is pleased to announce Brenta as our April employee of the month. Brenta has been here at Pioneer House for two Years. She has recently graduated from Sac State With her BA in Gerontology. She is always very helpful, works with a smile on her face and a skip in her step. Thank you!

Reminiscence Your Life Class

STARTING IN MAY

This is a program for residents to reminisce about their life. Everyone has a story. Each life is unique, but we all share the experience of having joys and sorrows, trials and errors, which contribute to the total person we become in this life, growing and learning from beginning to end. Your story – even chapters of it is more powerful than you can imagine ... isn't it time to share?

Ask activities about where to sign up

Read about the new Book for April
A Man Called Ove

Ove is the quintessential angry old man next door. An isolated retiree with strict principles and a short fuse, who spends his days enforcing block association rules that only he cares about, and visiting his wife's grave, Ove has given up on life. Enter a boisterous young family next door who accidentally flattens Ove's mailbox while moving in and earning his special brand of ire. Yet from this inauspicious beginning an unlikely friendship forms and we come to understand Ove's past happiness and heartbreaks. What emerges is a heartwarming tale of unreliable first impressions and the gentle reminder that life is sweeter when it's shared.

Horoscopes and Birthdays

In astrology, those born between April 1–19 are Aries' Rams. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident they can navigate any challenges. Those born between April 20–30 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. And once the work is done, a Taurus expects to enjoy the fruits of their labor.

Aries
 March 21 to April 20



SYMBOL - The Ram
 ELEMENT - Fire
 PLANET - Mars

Qualities Of Aries
 Self-Confident, Ambitious, Spirited, Adventurous
 Spontaneous, Assertive, Daring & Charming

Lucky Color - Red
 Lucky Stone - Diamond, Ruby
 Lucky Day - Tuesday
 Lucky Number - Nine

- Marlon Brando (actor) – April 3, 1924
- Spencer Tracy (actor) – April 5, 1900
- Francis Ford Coppola (director) – April 7, 1939
- Betty Ford (first lady) – April 8, 1918
- David Letterman (TV host) – April 12, 1947
- Loretta Lynn (singer) – April 14, 1932
- Jennifer Garner (actress) – April 17, 1972
- William Shakespeare (writer) – c. April 23, 1564
- Barbra Streisand (singer) – April 24, 1942
- Ella Fitzgerald (singer) – April 25, 1917
- Carol Burnett (comedienne) – April 26, 1933
- Jerry Seinfeld (comedian) – April 29, 1954


April Birthdays

Juanita Smith	4/02
Florence Clar	4/07
Elizabeth Tsukada	4/10
Olga Brown	4/13
Lynne Plush	4/13
Joseph Stiger	4/20



Birthday Party
Thursday April 26th
3pm
Activity Room

Taurus
 April 21 to May 21



SYMBOL - The Bull
 ELEMENT - Earth
 PLANET - Venus

Qualities Of Taurus
 Loving, Mature, Secure, Reliable,
 Calm, Loyal, Kind & Friendly

Lucky Color - Green
 Lucky Stone - Emerald
 Lucky Day - Friday
 Lucky Number - Six