

JULY 2018

Tidbits Around Here

Gold Country Health Center* Skilled Activity Department * (530) 621-1100 EXT:4036



Butterfly Release

We released our Pink Lady butterflies into the sky on June 14th. All 9, flew in honor of our beloved cat Snow's passing.

Happy Birthday to:

Annie C. 7-8
Lola B. 7-19
William P. 7-10
Donald Y. 7-10
Ruth D 7-14
Martha R. 7-22
James Mc. 7-22
Nancy S. 7-26

**Celebration will be held
Wednesday, 7/18 @ 3PM
with
Last Two Standing group**

Scheduled Outings

July 13th @ 1:30PM

Resident Council

July 10th @ 11:00AM

Fellowship Hour:

2:30 PM 1st & 3rd Sunday
Baptist Church

10:30 AM Bible Study on
3rd Tuesday

11:00 AM Worship with the
Rawleigh's



**We had a new mini pony
visitation on June 12th.
Check out Dixie and Teddy.
Hopefully, we will see them
again!**



Are You a Believer?



July 2 is World UFO Day. Whether you celebrate by watching reruns of *Star Trek* or hosting a sky-watching party in hopes of identifying an unidentified flying object, be sure to keep an open mind when considering that humans might not be alone in the universe.

There have been many recorded observations of strange flying objects throughout history, but it wasn't until 1947 that a UFO sighting captured the public imagination. Businessman Kenneth Arnold was flying a small plane near Mount Rainier in Washington when he spied nine objects flying together. He described them as looking "flat like a pie pan" and "saucer like." From his experience, the term *flying saucer* was born.

Did Arnold actually see an alien spaceship? The United States Air Force determined that Arnold saw a mirage. Yet in mid-1947, UFOs again captured the public's attention when a mysterious craft crash-landed at a ranch near Roswell, New Mexico. Representatives from the Roswell Army Air Field reported that the object was a high-altitude weather balloon, but the government has been accused of covering up an alien encounter ever since.

Is it just coincidence that the U.S. government began Project Sign in 1948? This project, conducted by the Air Force, was an investigation into UFO encounters in order to determine their veracity and whether or not any UFO was a threat to national security. The program lasted for 20 years and concluded that an alien UFO had never been observed. It seems that the public had to wait until 2017 before a Navy pilot, Retired Commander David Fravor, came forward with his firsthand account of what he believes was an alien UFO. Fravor was on a routine training mission off the coast of California in November of 2004 when a 40-foot-long wingless object, like a giant Tic Tac, sped past him. When asked to recall his experience, Fravor said, "I think it was not from this world."

**Independence Day Celebration
July 3rd at 11AM in the activity
room. Musical performance by
Mable.**



Girl Scout Troop #610
will be holding a
Retire The Flag Ceremony
in our Courtyard by the
Activity Room
July 11th at 4PM.
Come and pay tribute with us.

Refrigerators for Sale

As the Independent Apartments are remodeled, the refrigerators are being replaced. Currently, we have 5 refrigerators for sale at \$50 dollars each. The Whirlpool appliances can be picked up by you after you have made arrangements with Bob our Maintenance Manager
#(530) 621-1100 Ext: 4039



Cleri-who?



The cleriheW may not be the most well-known form of poetry, but it does enjoy its own holiday on July 10, Clerihew Day. Edmund Clerihew Bentley, English writer and humorist born on July 10, 1875, invented the cleriheW in 1905 when his first book of poetry was published. What is a cleriheW? It's a short, four-line poem, made up of two rhyming couplets. What makes the cleriheW so popular is that its subject is often a whimsical take on a celebrity. What inspired E.C. Bentley to invent the cleriheW? Rumor has it that he wrote his first as a teenager in high school:

Sir Humphrey Davy
Abominated gravy.
He lived in the odium
Of having discovered sodium.

Where most kids would be content to doodle in the margins of their notebooks during a boring chemistry lecture, Bentley instead invented an art form. His success may have been helped by his close friendship with the renowned British author, philosopher, and poet G.K. Chesterton, who helped popularize the cleriheW. Other famous writers also experimented with the form, including poet W.H. Auden, but the beauty of the cleriheW lies in the fact that anyone can write one. All you have to do is choose a famous person and rhyme the first and last two lines, like this:

Cher
(To compare)
Has more money
Than Sonny.

While Bentley is remembered for the cleriheW, he should also be given his due as a crime novelist. His mystery *Trent's Last Case*, published in 1931, is widely considered the first modern mystery. This original cleriheW is for him:

Trent's Last Case was a mystery
That made literary history.
But we remember Bentley's cleriheW
More than his tales of derring-do.

Can't Buck the Truth

Rugged men wearing chaps and cowboy hats with six-shooters on their hips, sitting high in the saddle, driving cattle across wild landscapes—it is an image as American as apple pie but also one perpetuated by Hollywood. Enjoy these interesting cowboy facts for the Day of the Cowboy on July 28.

Cowboys actually did not originate in America at all, but in Mexico. Two hundred years before the first American set foot out west, Mexican *vaqueros* were honing their roping, riding, and herding talents and becoming expert ranchers. When Americans ventured westward, they modeled their habits and dress on the *vaqueros* found in modern-day Texas, New Mexico, and Arizona. The Wild West also wasn't as wild as the movies lead us to believe. Bank robberies were uncommon. Settlers did not circle their wagons and were not under constant threat of attack from Native Americans. And half of all cowboys were either Mexican *vaqueros* or former slaves. In fact, many believe that the character of the Lone Ranger was based on Bass Reeves, a former slave from Arkansas turned U.S. marshal. On the Day of the Cowboy, take in a Hollywood western, but also celebrate the real Wild West.

To Kiss or Not to Kiss?



Is there any act more romantic than a kiss? World Kiss Day may fall on July 6, but not everyone around the world believes that a kiss is an expression of love or friendship. Americans reserve kisses for special loved ones, but in Europe it is common for friends to greet each other with kisses on the cheek. Researchers have also found kissing to be common in both the Middle East and Asia. However, in Central America, kissing has no place in romance. Similarly, kissing is not common in sub-Saharan Africa, and in some parts of Brazil kissing is considered just plain gross. It seems that kissing is not a universally accepted human practice, so be careful where and how you celebrate World Kiss Day.

