

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

ASSISTED LIVING ACTIVITIES



1
9:30 Exercise
10:15 Category Game
1:30 Bingo
3:00 Groundhog Hangman



2
9:30 Let's Get Fit!
10:15 Bulletin Board Trivia
1:30 Door Hanger Craft
3:00 Bingo Shopping
3:30 King's Corners

Groundhog Day

3
9:30 Stretching
10:15 Crossword Puzzle
1:30 Birthday Bingo
3:00 Game Time and Manicures

4
ACTIVITY ROOM OPEN



Super Bowl LII (that's 52)

5
9:30 Country Cruise - To Plymouth
1:30 Life Stories
3:00 Pokeno



6
9:30 Exercise
10:15 Scattergories
1:30 Bingo
3:00 Uno!
3:00 Manicures

7
9:30 Stretching
10:15 News Currents
1:30 Resident & Food Council
2:00 Toss & Talk
3:00 Paws for a Cause

Happy Birthday, Bettie!

8
9:30 Exercise
10:15 Life in Pictures
1:30 Bingo
3:00 Find the Words



9
9:30 Let's Get Fit!
10:15 Who & What Am I?
1:30 Winter Olympic Trivia
3:00 Jeopardy



10
9:30 Stretching
10:15 Crossword Puzzle
1:30 Birthday Bingo
3:00 Game Time and Manicures

Happy Birthday, Mildred!

11
ACTIVITY ROOM OPEN

12
9:30 Country Cruise - To Coloma & Cool
2:00 Talia on Piano!
3:30 Uno



13
9:30 Exercise
10:15 Let's Bake a King Cake!
1:30 Bingo
3:00 Mardi Gras & King Cake Party!

Mardi Gras

14
9:30 Stretching
10:15 Sing-a-Long
2:00 El Dorado Storytellers Guild
3:30 King's Corners

Valentine's Day

15
9:30 Exercise
10:15 News Currents
1:30 Bingo
3:00 Monthly Birthday Party with Last Two Standing in SNF



16
9:30 Let's Get Fit!
10:15 The Year of the Dog
1:30 Monthly Bus Trip - Cruising Folsom
3:45 Yahtzee

Chinese New Year

17
9:30 Stretching
10:15 Crossword Puzzle
1:30 Birthday Bingo
3:00 Game Time and Manicures

18
ACTIVITY ROOM OPEN

19
9:30 Country Cruise - To Fairplay
1:30 Presidential Pie Day
3:00 Dominoes

President's Day

20
9:30 Olympic Warm-ups
10:15 Gold Country Winter Olympics
1:30 Bingo
3:00 Uno!
3:00 Manicures

Happy Birthday, Helen!

21
9:30 Stretching
10:15 Let's Get Crafty!
1:30 News Currents
3:00 Dominoes



22
9:30 Exercise
10:15 It Happened One February
1:30 Bingo
3:00 Category Game

23
9:30 Let's Get Fit!
10:15 Jeopardy
1:30 Wacky Words and Hangman
3:00 French Fry Friday Happy Hour!

24
9:30 Stretching
10:15 Crossword Puzzle
1:30 Birthday Bingo
3:00 Game Time and Manicures

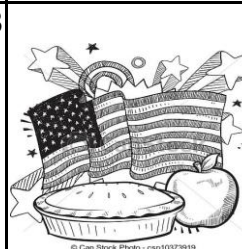
25
ACTIVITY ROOM OPEN

26
9:30 Country Cruise - To El Dorado Hills
1:30 Colorful Conversations
3:00 Pokeno



27
9:30 Exercise
10:15 Cookie Baking Day!
1:30 Bingo
3:00 Yahtzee
3:00 Manicures

28
9:30 Stretching
10:15 Sing-a-Long
1:30 News Currents
3:00 Cliché'bles



Activities are subject to change without notice.