



This month the spotlight is on Joe McLain. His hard work, dedication, and team player mentality are some of the many reasons he is one of our most beloved employees! And he is our Employee of the Month! Here are a few things about Joe.

How long have you been at Richwood?

Since January 31, 2018

What is your job title?

Activity Assistant but I worked here as a CNA in 1999 and 2004.

What is the most rewarding part of your job?

Spending time with the residents and hearing their stories.

Tell us about life outside of work.

I do a lot of gardening. I have almost 100 indoor plants. I spend time with my 16 month old nephew, Arts & Crafts with my 11 year old, and cookouts with family.

If you could go anywhere in the world, where would it be?

The countryside of Italy like Tuscany.

In the past 5 years, what is the most important thing you have learned?

Disregard the thoughts of what others have of me.

Quick Facts

Favorite Vacation Spot: Red River Gorge

Favorite Movie: Eat Pray Love

TV show I'm afraid to admit that I love:

SpongeBob SquarePants

Favorite Color: Avocado Green

Mother's Day Breakfast

Richwood's Annual Mother's Day Breakfast is on May 11th at 9:30 AM. Due to space limits, please allow only 2 guests per resident.



A Long Time Ago...



"May the Fourth be with you." So say the millions of *Star Wars* fans who will celebrate Intergalactic *Star Wars* Day on May 4.

What has made *Star Wars*

one of the most beloved and successful film franchises in history? When it was released on May 25, 1977, it blew audiences away. In the middle of an era when dark and brooding films were all the rage, this space adventure with cutting-edge special effects, wild aliens, strange other worlds, funny banter, and an amazing musical score was a breath of fresh air. *Star Wars* creator George Lucas had mined both high- and low-brow sources for his space opera, paying homage to the filmmakers he had studied during his film school years. What grew out of that first film is a media empire as far-reaching as the evil Empire itself.



Celebrating May (Activity Highlights)

Craft Class: Derby Hats
May 2nd

Richwood Survivor's Parade
May 4th

Mother's Day Breakfast
May 11th

Nat'l Nursing Home Week
May 13th – 18th

Doug Pinson
May 23rd

Popsicles
May 30th

Oaks – May 4th
Derby – May 5th
Nat'l Star Wars Day – May 4th
Mother's Day – May 13th
Memorial Day – May 29th

Mother May I?



Sunday, May 13 is Mother's Day in the United States, Australia, and Canada. In Mexico, *Día de las Madres* is Thursday, May 10. In France, *La Fête des Mères* is Sunday, May 27. After Christmas and Easter, Mother's Day is the third-most celebrated holiday in the world, but the way mothers are

honored differs from place to place.

Mother's Day wasn't always celebrated by buying cards, flowers, chocolates, and jewelry. It was Anna Jarvis who fought to establish the national holiday. Jarvis was inspired largely by her own mother, who had organized "Mother's Day work clubs," where women would tend to soldiers wounded during the Civil War and tackle problems that led to infant mortality. Indeed, Jarvis proposed Mother's Day as a day to honor women like her mother, who had played greater political roles for the benefit of society. She was disgusted when her holiday turned into a commercial bonanza for those hawking flowers and candy. Jarvis spent her life fighting what Mother's Day had become.

In most countries these days, Mother's Day is celebrated by showering gifts and attention on mom. In Mexico, it is tradition on *Día de las Madres* to serenade mom in the morning before church and then prepare dinner for her. France's *La Fête des Mères* originated as a way for the French government to honor the mothers of large families with a gold medal. It was a means to encourage French women to have more children and repopulate the country after World War I.

By the 1950s, consumer appeal and a rising birth rate transformed the holiday into one more commercially aligned with the United States. And why not take one day out of the year to recognize their vital importance?