

The right choice to get **READY FOR HOME**

Let our Center for Short-term Rehabilitation help you feel your strongest after surgery or a hospital stay.

Our goal is to get you home just as soon as you are ready.



“The thing that strikes me most about Lutheran Home is the direct personal concern that everyone has for you. I have had such a positive stay here. I would recommend to anyone that finds themselves in need of short-term rehab to come here. It’s the only place to go.”

-D.A., former patient

Pre-Bookings Welcome

We encourage patients with scheduled surgeries to pre-book your stay at Lutheran Home of Southbury. Tour our center, meet our team, and become familiar with all that we offer in recovery care. Pre-bookings allow you to enjoy a stress-free transition after your surgery. We will work with your surgeon and primary care physician to learn details of your condition and post-operative goals, for a truly personalized approach that gets you ready for home.

CALL TODAY TO PRE-BOOK
YOUR STAY.



990 Main Street, North
Southbury, CT 06488
203.264.9135
www.lhsouthbury.org

Center for Short-term Rehabilitation at

THE
**LUTHERAN
HOME**
SOUTHBURY

THE RIGHT CHOICE
TO GET
READY FOR HOME

**2016 5-STAR
MEDICARE RATING**

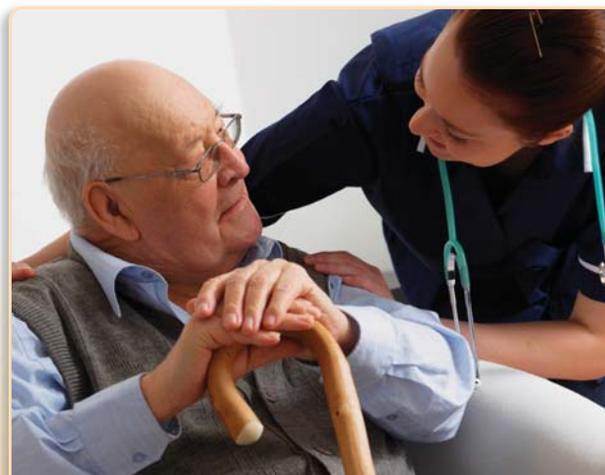


REHABILITATION SERVICES

- Specialized focus in: Orthopedic, Stroke and Neurological, Cardiac and Pulmonary Rehabilitation
- Post-surgical Recovery Care
- Physical, Occupational and Speech-Language Therapies available seven days per week
 - One-on-one therapy sessions by therapists specializing in total joint rehabilitation and the latest treatments
 - Ambulation and endurance training
 - Adaptive equipment and wheelchair position education
 - Retraining in activities of daily living
 - Cognitive retraining
 - Low vision rehabilitation
 - Home evaluations and discharge preparation with family/patient education
- Fully equipped rehab gym with kitchenette and the latest modality devices
- Social Services and Case Management discharge planning for your return home

SKILLED NURSING SERVICES

- Dedicated Medical Director leadership, APRN coverage and RN Unit Managers
- 24-hour Skilled Nursing Care
- Wound and Skin Care Management
- Pain Management
- Diabetic Management and Teaching
- Cardiac Management with “Heart Talk” specialty education
- Stroke treatment and management
- Vascular/Amputee Management and Rehabilitation
- Enteral Feeding Therapy and Nutrition Management
- Renal Care with available off-site dialysis
- IV Therapy
- Oxygen Therapy and Pulmonary Management



SETTING OUR CARE APART

- **Resident Service Liaison**, providing concierge services and daily check-ins to ensure patient satisfaction, comfort, and that all requests are met
- **Temporary Personal Companion Program**, providing one-on-one CNA attention and care, for a smooth transition during a patient’s first day if indicated
- Classic and Contemporary Cuisine created by our **Executive Chef**
- **Designated Unit**, providing a warm atmosphere with spacious patient rooms and amenities such as cable television, private phone, and WiFi access

We support the emotional and physical recovery of our patients, through dining, activities, and amenities that offer an encouraging setting and make it easy to stay connected to family and friends.

Our team is the heart of the care we deliver. Each and every person you’ll meet is focused on your recovery and goals.