



## About Portland

At Portland Health and Rehabilitation, we provide a continuum of care that bridges that gap from hospital to home.

We are a 105-bed skilled nursing facility providing both short-term rehabilitation and long-term care.

### We participate in:

- ✓ Commercial Insurance
  - ✓ Medicare
  - ✓ Medicaid
- ✓ Respite Care
- ✓ Hospice Programs

Searching for quality nursing care can sometimes be confusing and overwhelming. We are here to assist you in making the most informed and appropriate decisions to meet your healthcare needs.

We want to empower you to meet your goals for recovery and regain your quality of life.



## Our Mission

The mission of Portland Health and Rehabilitation is to assist each resident in reaching his or her desired potential. That's our:

*Commitment to Caring*



### Portland Health and Rehabilitation Center

12441 SE Stark Street  
Portland, OR 97233  
P. (503) 255-7040

[www.portlandhealthandrehab.com](http://www.portlandhealthandrehab.com)



Portland

Health and Rehabilitation



Part of the  
*EmpRes Healthcare Family of Companies*

**Licensed and Certified by the  
Center for Medicare and Medicaid**



## *Quality Staff*

At Portland Health and Rehabilitation, we have a commitment to caring.

Our dedicated staff is available 24-hours a day to meet your care needs.

Our programs and services are developed and implemented in a manner that promotes resident choice, dignity, and well-being.

We treat our residents and their families as valued friends and respected members of our community. We respect our residents' rights and encourage their participation in their plan of care.

For more information,  
please call us at:  
**(503) 255-7040**

## *Professional Services*

Our center is equipped to meet a variety of healthcare needs. Services at Portland Health and Rehabilitation include the following:

**24-Hour Skilled Nursing**

**Physical, Occupational,  
and Speech Therapy**

**Restorative Therapy**

**Specialized Wound Care**

**Pain Management**

**Podiatry**

**Optometry**

**Mental Health**

**Dental Care**

**Dementia Care**

**Social Worker**

**Registered Dietitian**

**Personalized Plan of Care**

**Fall Prevention Programs**

**Life Enrichment Activities**



## *Amenities*

We recognize the importance of choice in our residents' activities and environment. We offer:

**Private & Semi-Private Rooms**

**Social Dining in Our Large  
Dining Rooms**

**Beautician & Barber Services**

**Religious Services**

**A Variety of Recreational Activities**

**Family Activities**

**Volunteer Programs**



*Thank you for choosing  
Portland!*