



24-Hour Licensed Nursing Care

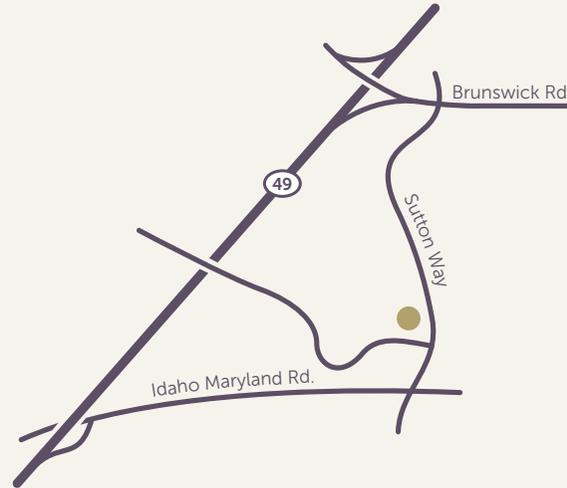


Expansive Therapy Gym



Spacious Dining Rooms

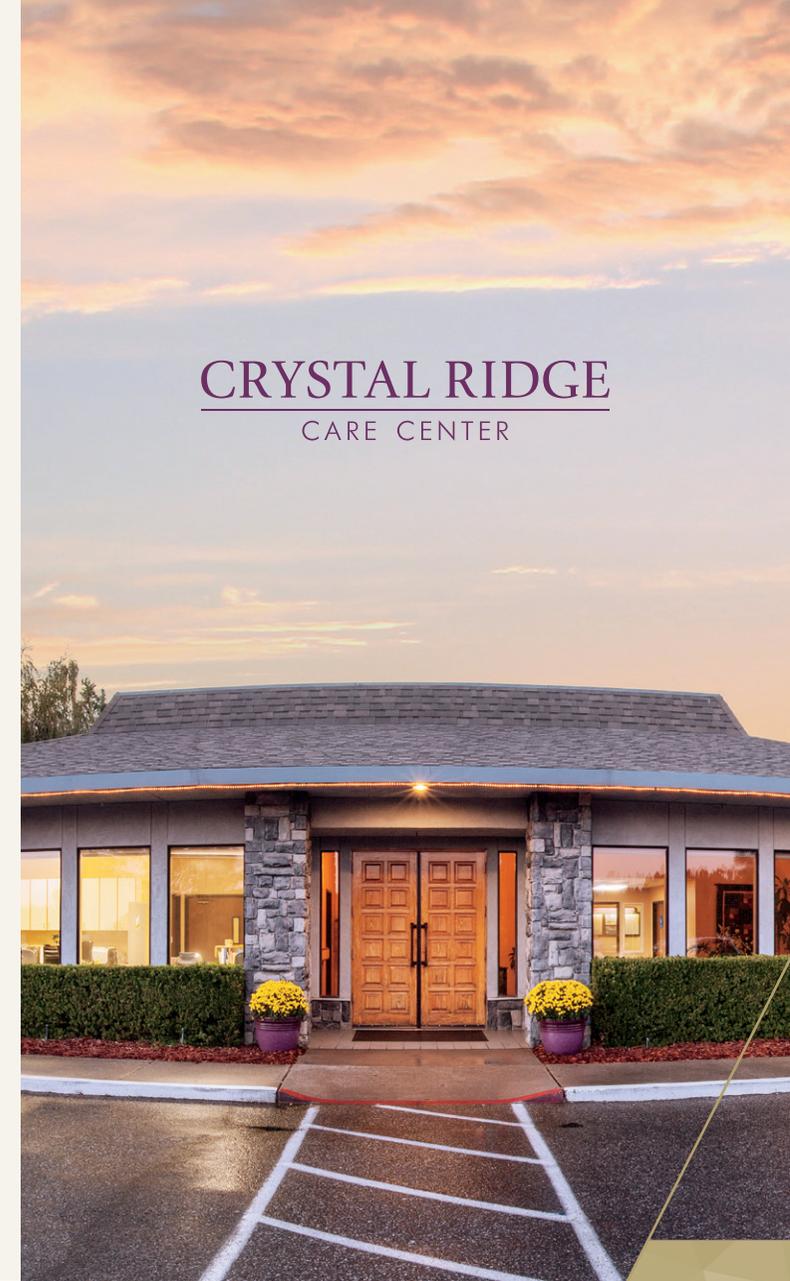

CRYSTAL RIDGE
CARE CENTER



396 Dorsey Drive, Grass Valley, CA 95945
Phone (530) 272-2273 | Fax (530) 272-7761

www.CrystalRidgeCareCenter.com

We invite you to stop by anytime for a personal tour to experience for yourself our commitment to caring. We look forward to meeting you.



CRYSTAL RIDGE
CARE CENTER

Skilled Nursing and
Short-Term Rehabilitation





Physical, Occupational & Speech Therapy



Personalized Therapy Plans



Spacious Semi-Private Suites

Rehabilitation

Crystal Ridge's experienced team of licensed therapists provide excellent rehabilitation services tailored to each individual's needs.

- Occupational therapist, physical therapist and speech-language pathologist on staff
- Orthopedic, neurological and vestibular rehabilitation
- VitalStim certified therapists
- LSVT BIG and LOUD certified therapists
- Ergonomic assessments and work hardening education
- Hand and upper extremity specialist
- Cardiovascular and functional strengthening programs
- Community re-entry and fall prevention training

Dietary Services

Crystal Ridge's qualified dietary professionals plan and serve delicious meals, prepared to satisfy the specific medical needs of each resident.

- Two spacious dining rooms
- Three meals served daily—made from scratch
- Menus are changed regularly and incorporate seasonal flavors
- Fresh seasonal fruit and vegetables offered daily
- Snacks provided between meals and upon request
- On-staff Registered Dietitian provides medical nutrition therapy and diabetes education

Nursing

Crystal Ridge's compassionate skilled nursing staff provide 24-hour, short-term and long-term care, continually working to meet the needs of those we serve.

- Post-surgical care
- Pain management
- Cardiac care
- Ostomy, colostomy care, suprapubic catheter
- IV and picc lines
- G-tubes and nasogastric tubes
- Wound care and wound V.A.C. therapy
- Isolation beds
- Diabetic care
- Restorative nursing care
- End-of-life care / Comfort care

Social Services & Activities

Our social services and activities staff enthusiastically work to meet residents' psychosocial needs through a variety of activities.

- Fitness programs including Wii video games
- Social programs including movie nights, bingo, candle-light dinners, tea parties, men's groups and more
- Religious meetings throughout the week
- Dental, vision, audiology, podiatry, and specialist appointment scheduling
- Cognitive assessments
- Psychosocial evaluations
- Transportation arrangements
- Discharge planning