

QUABOAG REHAB AND SKILLED CARE CENTER
3A ACTIVITY CALENDER

May 2018

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1	2	3	4	5	
		8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Bread 10:00-10:30 Parachute Group 10:45-11:00 Snack Social 11:00-11:30 Memory Match Group 1:30-2:30 Janga Blocks/ May Day 2:30-3:00 Snack Social/walks outside 3:00-4:30 Story telling 6:00-7:00 Storytelling Group 7:00-7:15 Snack Social 7:30-8:00 Evening Music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Rosary Group 10:45-11:00 Snacks social 11:00-11:30crafft making Paper flowers 1:30-2:30 Movie Matinee 2:30-3:00 Snack Social 3:30-4:30 Movie Matinee Group 6:00-7:00 Trivia Group 7:00-7:15 Snack Social 7:15-8:00 nail care music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Rosary Group 10:45-11:00 Snacks Social 11:00-11:30 Opposites Puzzle Group 1:30-2:00 crafts/ bird houses 2:00-2:15 Snack Social 2:30-3:00 Manicures Group 3:30-4:30 Trivia 4:00-4:15 Snack Social 6:00-7:00 Evening Music/snack 7:00-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ball toss 10:45-11:00 Snack Social/make bread 11:00-11:30 Bingo Group 1:30-2:00 word association 2:00-2:15 Snack Social 2:30-3:00 Movie Matinee Group 3:30-4:00 Storytelling Group 4:30-5:00 Word Games Group 6:00-7:00 Snack Social/music 7:00-8pm reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Chimes 10:00-10:30 Exercise, Letter ball 10:45-11:00 Snacks Social 11:15-11:45 crafts Make paper flowers 1:30-2:30 Table Ball Group/ Pet visit 2:30-3:00 snack social 3:30-4:30 Bingo 4:30-5:00 Nail Care social 6:00-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 evening music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/ BEV 10:00-10:30 Letterball Toss Group 10:45-11:00 Snack Social 11:00-11:30 Word Games Group 1:00-2:00 Jangja Blocks 2:00-3:00 Snack Social/ Cinco De Mayo 3:00-3:30 Trivia Group 4:00-5:00 Magazine Social 6:00-7:00 Coloring groups 7:00-7:15 Snack Social 7:15-8:00 reminiscing
6	7	8	9	10	11	12	
8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise in place 10:45-11:00Snack Social 11:15-11:45 Bingo 1:30-2:30 remembering old 2:45-3:00 snack social 3:30-4:00 Drum Circle Group 4:00-4:30 Magazine Social 6:30-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Bread 10:00-10:30 Exercise, Ring toss 10:45-11:00 Snack Social/Make bread 11:30-12:30Janga Blocks 1:30-2:30Crafts/ Bird houses 2:30-3:00 Snack Social 3:00-3:30 Word Games Group 4:30-5:00 Magazine Social 6:00-7:00 Folding Laundry Group/game 7:00-7:30 Snack Social 7:30-8:00 reminiscing, floor puzzle	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, ParachuteGroup 10:45-11:00 Snack Social 11:00-11:30 Music group 1:30-2:30 movie 2:30-3:00 Snack Social 3:00-3:30 Manicures Group 3:30-4:30 Trivia 6:00-7:00 Word Games Group 7:00-7:15 Snack Social 7:15-8:00 movie night	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Rosary Group 10:45-11:00 Snacks Social 11:00-11:30 Sing Along Group 1:30-2:30 2:30-3:00 Snack Social 3:00-4:00 Trivia Group 3:30-4:30 Puzzle /board games 6:00-7:00 Photographs Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ball toss 10:45-11:00 Snack Social/make bread 11:00-11:30 Bingo Group 1:30-2:00 word association 2:00-2:15 Snack Social 2:30-3:00 Word Games Group 3:30-4:00 Magazine Social 4:30-5:00 Word Games Group 6:00-7:00 Snack Social/music 7:00-8pm reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/chimes 10:00-10:30 Drum Circle Group 10:45-11:00 Snack Social 11:00-11:30Crafts/ Bev 1:00-1:30 Pet Visits 1:30-2:00 Snack Social 2:00-3:00 Bingo 3:00-4:00 word game 4:00-5:00Photographs Group/past 6:00-7:15 Snack Social/singalong 7:15-8:00 evening music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise Ring toss 10:45-11:00 Snack Social 11:00-11:30 Word Games Group 1:00-2:00 Sing a-long 2:00-3:00 Snack Social 3:00-3:30 Trivia Group 4:00-5:00 Magazine Social 6:00-7:00 Photographs Group/past 7:00-7:15 Snack Social 7:15-8:00 reminiscing	
13	14	15	16	17	18	19	
8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30Letterball Toss Group 10:45-11:00 Snack Social 11:00-11:30 Janga Blocks 1:30-2:30 Trivia 2:30-3:00 Snack Social/ Mothers Day 3:00-4:30 Movie Matinee Group 4:30-5:00 Hand rubs and soaks 6:00-7:00 Snack Social/games 7:00-8:00 Evening Music/nail care	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Bread 10:00-10:30 Exercise, Ball Toss 10:45-11:00 Snack Social/ make brad 11:15-11:45 Word Games 1:30-2:00 Sing a longs 2:00-2:15 Snack Social 2:30-3:30 Drum Circle Group 3:30-4:30 Story telling 4:30-5:00 Puzzles Group 6:00-7:15 table top floor puzzle/snack 7:15-8:00 nail care/ hand rubs	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ring Toss 10:45-11:00 Snack Social 11:00-11:30 Bingo 1:30-2:30 Word association 2:30-3:00 Snack Social/Storytelling 3:00-3:30Movie Matinee Group 3:30-4:30 Magazine Social/games 6:00-7:00Folding Laundry group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Rosary Group 10:45-11:00 Snacks Social/make bread 11:00-11:30 Sing Along Group 1:30-2:30 2:30-3:00 Snack Social 3:00-4:00 Trivia Group 3:30-4:30Puzzle /board games 6:00-7:00 Photographs Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Church with Linda 10:45-11:00Snack Social 11:00-11:30 Drum circle 1:30-2:30 janga blocks 2:30-3:00 Snack Social 3:00-4:00 Word Games Group 4:00-4:30 Magazine Social 6:00-7:00 Group/games 7:00-7:15 Snack Social 7:15-8:00 Poetry reading	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/chimes 10:30-11:00 Music , exercise 10:45-11:00 Snack Social/make bread 11:00-11:30 Bingo 1:30-2:00 Pet Visits 2:00-3:00 Snack social/ sing a long 3:00-4:00 Letterball Toss Group 4:00-4:30 Puzzle /board games 6:00-7:00 Coloring Group 7:00-7:15 Snack Social 7:15-8:00 movie night	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/ Bev 10:00-10:30 Bean Bag Toss Group 10:45-11:00 Snack Social 11:00-11:30 Sing Along Group 1:30-2:00 crafts 2:30-3:00 Snack Social 3:00-4:00 Trivia Group 4:00-4:30 Magazine Social 6:00-7:00 Photographs Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	
20	21	22	23	24	25	26	
8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise,sit in place 10:45-11:00 Snack Social 11:15-11:45 Janga Blocks 1:30-2:30 Table Ball Group 2:30-3:00 snack social 3:30-4:30 Sing a Long 4:30-5:00 Magazine Social 6:00-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 evening music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Target Ball Group 10:45-11:00 Snack Social/ make bread 11:00-11:30 Bingo 1:30-2:00 Board games 2:00-2:30 Snack Social 2:30-3:30 Storytelling Group 4:00-4:30 Folding laundry 6:00-7:00 Trivia Group 7:00-7:15 Snack Social 7:15-8:00 nail care/movie	8:00-8:30 News of the day 9:30-10:00 Music of the Day 10:00-10:30 Drum Circle Group 10:45-11:00 Snack Social 11:00-11:30 weaving 1:30-2:30 Trivia 2:30-3:00 Snack social 3:00-3:30Magazine Social 4:00-4:30 Letter Ball 4:30-5:00 Coloring Group 6:00-7:00 Word games/ snack social 7:00-8:00 nail care, snack social	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Rosary Group 10:45-11:00 Snacks Social 11:00-11:30 Crafts 1:30-2:30 Story telling 2:30-3:00 Snack Social 3:00-4:30 Movie Matinee Group 4:30-5:00 Magazine Social 6:00-7:00 Snack Social/games 7:00-8:00 Evening Music /nail care	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise in place 10:45-11:00Snack Social/ make bread 11:15-11:45 Tea Party 1:30-2:30Parachutte 2:30-3:00 Snack Social 3:00-4:30Match It Colors/Shapes 4:30-5:00 Hand rubs and soaks 6:00-7:00 Coloring groups 7:00-7:15 Snack Social 7:15-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day/chimes 10:00-10:30 Story telling group/ Bev 10:45-11:00 Snack Social 11:00-11:30Bingo 1:30-2:00 Pet Visits 2:00-3:00 snack social/sing a long 3:00-4:00 Word Games 4:00-4:30 Magazine Social 6:00-7:00Folding Laundry Group/games 7:00-7:15 Snack Social 7:15-8:00 nail care	9:30-10:00 Music of the Day 10:00-10:30 Table Ball Group 10:45-11:00 Snack Social 11:00-11:30 Janga Blocks 1:00-2:00 Arts and Crafts Group 2:00-2:30 Snack Social 2:30-4:00 Movie Matinee /nail care 6:00-7:00 Storytelling Group 7:00-7:15 Snack Social 7:30-8:00 Evening Music	
27	28	29	30	31			
8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30Exercise in place 10:45-11:00 Snack Social 11:15-11:45 Bingo 1:30-2:30 Arts and Crafts 2:30-3:00 Snack social 3:00-4:00Drum Circle Group 4:00-4:30 Magazine Social 6:00-7:00 Folding Laundry Group/game 7:00-7:15 Snack Social 7:15-8:00 reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Ball toss/ Exercise 10:45-11:00 Snack Social/make bread 11:11:45 Crafts/ Memorial DAY 1:30-2:30 Trivia 2:30-3:00 Snack Social 3:00-4:00 word games 4:00-4:30 Magazine Social 6:00-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 nail care/music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Ball toss/Exercise 10:45-11:00 Snack Social 11:00-11:30 Bingo Group 1:00-1:30 Trivia 1:30-2:00 Snack Social 2:00-3:00 Bingo 3:00-4:00 word game 4:00-5:00Photographs Group/past 6:00-7:15 Snack Social/singalong 7:15-8:00 evening music	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Rosary Group 10:45-11:00 Snacks Social 11:00-11:30 crafts 1:30-2:00 word association 2:00-2:15 Snack Social 2:30-3:00 SINGALONGS 3:30-4:00 Magazine Social 4:30-5:00 Word Games Group 6:00-7:00 Snack Social/music 7:00-8pm reminiscing	8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ball toss 10:45-11:00 Snack Social/make bread 11:00-11:30 Bingo Group 1:30-2:00 word association 2:00-2:15 Snack Social 2:30-3:30 SINGALONGS 3:30-4:00 Magazine Social 4:30-5:00 Word Games Group 6:00-7:00 Snack Social/music 7:00-8pm reminiscing			

Outside walks if weather permitting
 Offer off unit activities

Famous Birthdays in May
 Bing Crosby May 3rd
 AUDREY HEPBURN 4th
 ORSON WELLES 6th
 FLORENCE NIGHTINGALE
 12th
 PEGGY LEE 26th
 BOB HOPE 29th

Interesting facts in May
 British wedding this May
 May was named for Greek Goddess of Fertility
 In any single year, no other month begins or ends on the same day of the week as May
 May 2 was officially named International Day of Idleness in 1966
 British -National Smile Month

Fun Facts

China produces 70% of all toys in the world.
Crocodiles are color-blind.
Horses have 18 more bones than a man.
Chorophobia is a morbid fear of dancing.
Imagine that two thirds of people in the world have never seen snow.
In France, it is permitted by law to marry a deceased person.
Albert Einstein never learned to drive a car