

**QUABOAG REHAB AND SKILLED CARE CENTER**  
**3A ACTIVITY CALENDER**

**April 2018**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Ball toss/Exercise 10:45-11:00 Snack Social/ <i>April Fools</i> 11:00-11:30 Bingo Group 1:00-1:30 Trivia 1:30-2:00 Snack Social/ <i>Easter</i> 2:00-3:00 Bingo 3:00-4:00 word game 4:00-5:00Photographs Group/past 6:00-7:15 Snack Social/singalong 7:15-8:00 evening music	<b>2</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ball toss 10:45-11:00 Snack Social 11:00-11:30 crafts 1:30-2:00 word association 2:00-2:15 Snack Social 2:30-3:30 SINGALONGS 3:30-4:00 Magazine Social 4:30-5:00 Word Games Group 6:00-7:00 Snack Social/music 7:00-8pm reminiscing	<b>3</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Bread 10:00-10:30 Parachute Group 10:45-11:00 Snack Social 11:00-11:30 Memory Match Group 1:30-2:30 Sing a long 2:30-3:00 Snack Social/walks outside 3:00-4:30 Story telling 6:00-7:00 Storytelling Group 7:00-7:15 Snack Social 7:30-8:00 Evening Music	<b>4</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 <b>Rosary Group</b> 10:45-11:00 Snack Social/make bread 11:00-11:30 Trivia 1:30-2:30 Movie Matinee 2:30-3:30 Snack Social 3:30-4:30 Movie Matinee Group 4:30-5:00 Magazine Social 6:00-7:00 Trivia Group 7:00-7:15 Snack Social 7:15-8:00 nail care music	<b>5</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the day 10:00-10:30 Make bread/exercise 10:45-11:00 Snacks social 11:00-11:30 Janga Blocks 1:30-2:30 Painting Group 2:30-3:00 Snack Social/ <i>Arbor Day</i> 3:00-4:30Manicures Group 6:00-7:00 Storytelling Group 7:00-7:15 Snack Social 7:15-8:00 Evening Music /nail care	<b>6</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Chimes 10:00-10:30 Exercise, Letter ball 10:45-11:00 Snack Social/ Music 11:15-11:45 crafts/ make bread 1:30-2:30 Table Ball Group/ <i>Pet visit</i> 2:30-3:00 snack social 3:30-4:30 Bingo 4:30-5:00 Nail Care social 6:00-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 evening music	<b>7</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/ <i>BEV</i> 10:00-10:30 Letterball Toss Group 10:45-11:00 Snack Social 11:00-11:30 Word Games Group 1:00-2:00 Janga Blocks 2:00-3:00 Snack Social/letter ball 3:00-3:30 Trivia Group 4:00-5:00 Magazine Social 6:00-7:00 Coloring groups 7:00-7:15 Snack Social 7:15-8:00 reminiscing
<b>8</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise in place 10:45-11:00Snack Social 11:15-11:45 Bingo 1:30-2:30 remembering old 2:45-3:00 snack social 3:30-4:00 Drum Circle Group 4:00-4:30 Magazine Social 6:30-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	<b>9</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Bread 10:00-10:30 Exercise, Ring toss 10:45-11:00 Snack social/Make bread 11:30-12:30Janga Blocks 1:30-2:30Crafts / <i>Make paper flowers</i> 2:30-3:00 Snack Social 3:00-3:30 Word Games Group 4:30-5:00 Magazine Social 6:00-7:00 Folding Laundry Group/game 7:00-7:30 Snack Social 7:30-8:00 reminiscing,floor puzzle	<b>10</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, ParachuteGroup 10:45-11:00 Snack Social 11:00-11:30 <b>music group</b> 1:30-2:30 movie 2:30-3:00 Snack Social 3:00-3:30 Manicures Group 3:30-4:30 Letter ball 6:00-7:00 Word Games Group 7:00-7:15 Snack Social 7:15-8:00 movie night	<b>11</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 <b>Rosary Group</b> 10:45-11:00 Snack Social 11:00-11:30 Opposites Puzzle Group 1:30-2:00 crafts/ <i>Plant Flower seeds</i> 2:00-2:15 Snack Social 2:30-3:30 Movie Matinee Group 3:30-4:00 Storytelling Group 4:00-4:15 Snack Social 6:00-7:00 Evening Music/snack 7:00-8:00 reminiscing	<b>12</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ball toss 10:45-11:00 Snack Social/make bread 11:00-11:30 Bingo Group 1:30-2:00 word association 2:00-2:15 Snack Social 2:30-3:30 SINGALONGS 3:30-4:00 Magazine Social 4:30-5:00 Word Games Group 6:00-7:00 Snack Social/music 7:00-8pm reminiscing	<b>13</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/chimes 10:00-10:30 Drum Circle Group 10:45-11:00 Snack Social 11:00-11:30Crafts/ <i>Bev</i> 1:00-1:30 <b>Pet Visits</b> 1:30-2:00 Snack Social 2:00-3:00 Bingo 3:00-4:00 word game 4:00-5:00Photographs Group/past 6:00-7:15 Snack Social/singalong 7:15-8:00 evening music	<b>14</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the day 10:00-10:30 Exercise Ring toss 10:45-11:00 Snack Social 11:00-11:30 Word Games Group 1:00-2:00 Sing a-long 2:00-3:00 Snack Social 3:00-3:30 Trivia Group 4:00-5:00 Magazine Social 6:00-7:00 Photographs Group/past 7:00-7:15 Snack Social 7:15-8:00 reminiscing
<b>15</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30Letterball Toss Group 10:45-11:00 Snack Social 11:00-11:30 Janga Blocks 1:30-2:30 Trivia 2:30-3:00 Snack Social 3:00-4:30 Movie Matinee Group 4:30-5:00 Hand rubs and soaks 6:00-7:00 Snack Social/games 7:00-8:00 Evening Music /nail care	<b>16</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/Bread 10:00-10:30 Exercise, Ball Toss 10:45-11:00 Snack Social/ make brad 11:15-11:45 Word Games 1:30-2:00 Sing a longs 2:30-2:15 Snack Social 2:30-3:30 Drum Circle Group 3:30-4:30 Story telling 4:30-5:00 Puzzles Group 6:00-7:15 table top floor puzzle/snack 7:15-8:00 nail care/ hand rubs	<b>17</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise, Ring Toss 10:45-11:00 Snack Social 11:00-11:30 Bingo 1:30-2:30 Word association 2:30-3:00 Snack Social/Storytelling 3:00-3:30Movie Matinee Group 3:30-4:30 Magazine Social/games 6:00-7:00Folding Laundry group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	<b>18</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 <b>Rosary Group</b> 10:45-11:00 Snack Social make bread 11:00-11:30 Sing Along Group 1:30-2:30 <i>Spring Fling Party</i> 2:30-3:00 Snack Social 3:00-4:00 Trivia Group 4:00-4:30Puzzle /board games 6:00-7:00 Photographs Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing	<b>19</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Church with Linda 10:45-11:00 Snack Social 11:00-11:30 Drum circle 1:30-2:30 janga blocks 2:30-3:00 Snack Social 3:00-4:00 Word Games Group 4:00-4:30 Magazine Social 6:00-7:00 Group/games 7:00-7:15 Snack Social 7:15-8:00 Poetry reading	<b>20</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/chimes 10:30-11:00 Music 10:45-11:00 Snack Social/make bread 11:00-11:30 Bingo 1:30-2:00 <b>Pet Visits</b> 2:00-3:00 Snack social/ sing a long 3:00-4:00 Letterball Toss Group 4:00-4:30 Puzzle/ Board games 6:00-7:00 Coloring Group 7:00-7:15 Snack Social 7:15-8:00 movie night	<b>21</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/ <i>Bev</i> 10:00-10:30 Bean Bag Toss Group 10:45-11:00 Snack Social 11:00-11:30 Sing Along Group 1:30-2:00 crafts 2:30-3:00 Snack Social 3:00-4:00 Trivia Group 4:00-4:30 Magazine Social 6:00-7:00 Photographs Group 7:00-7:15 Snack Social 7:15-8:00 reminiscing
<b>22</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise,sit in place 10:45-11:00 Snack Social 11:15-11:45 Janga Blocks 1:30-2:30 Table Ball Group 2:30-3:00 snack social/ <i>Earth Day</i> 3:30-4:30 Sing a Long 4:30-5:00 Magazine Social 6:00-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 evening music	<b>23</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Target Ball Group 10:45-11:00 Snack Social/ make bread 11:00-11:30 Bingo 1:30-2:00 Board games 2:30-3:00 Snack Social 2:30-3:30 Storytelling Group 4:00-4:30 Folding laundry 6:00-7:00 Trivia Group 7:00-7:15 Snack Social 7:15-8:00 nail care/movie	<b>24</b> 8:00-8:30 News of the day 9:30-10:00 Music of the Day 10:00-10:30 Drum Circle Group 10:45-11:00 Snack Social 11:00-11:30 weaving 1:30-2:30 Trivia 2:30-3:00 Snack social 3:00-3:30Magazine Social 4:00-4:30 Letter Ball 4:30-5:00 Coloring Group 6:00-7:00 Word games/ snack social 7:00-8:00 nail care, snack social	<b>25</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 <b>Rosary Group</b> 10:45-11:00 Snack Social 11:00-11:30 Crafts 1:30-2:30 Story telling 2:30-3:00 Snack Social 3:00-4:30 Movie Matinee Group 4:30-5:00 Magazine Social 6:00-7:00 Snack Social/games 7:00-8:00 Evening Music /nail care	<b>26</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Exercise in place 10:45-11:00Snack Social/ make bread 11:15-11:45 Tea Party 1:30-2:30Parachutte 2:30-3:00 Snack Social 3:00-4:30Match It Colors/Shapes 4:30-5:00 Hand rubs and soaks 6:00-7:00 Coloring groups 7:00-7:15 Snack Social 7:15-8:00 reminiscing	<b>27</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day/chimes 10:00-10:30 Story telling group/ <i>Bev</i> 10:45-11:00 Snack Social 11:00-11:30Bingo Group 1:30-2:00 <b>Pet Visits</b> 2:00-3:00 snack social/sing a long 3:00-4:00 Word Games 4:00-4:30 Magazine Social 6:00-7:00Folding Laundry Group/games 7:00-7:15 Snack Social 7:15-8:00 nail care	<b>28</b> 9:30-10:00 Music of the Day 10:00-10:30 Table Ball Group 10:45-11:00 Snack Social 11:00-11:30 Janga Blocks 1:00-2:00 Arts and Crafts Group 2:00-2:30 Snack Social 2:30-4:00 Movie Matinee /nail care 6:00-7:00 Storytelling Group 7:00-7:15 Snack Social 7:30-8:00 Evening Music
<b>29</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the day 10:00-10:30Exercise in place 10:45-11:00 Snack Social 11:15-11:45 Bingo 1:30-2:30 Arts and Crafts 2:30-3:00 Snack social 3:00-4:00Drum Circle Group 4:00-4:30 Magazine Social 6:00-7:00 Folding Laundry Group/game 7:00-7:15 Snack Social 7:15-8:00 reminiscing	<b>30</b> 8:00-8:30 News of the Day 9:30-10:00 Music of the Day 10:00-10:30 Ball toss/ Exercise 10:45-11:00 Snack Social/make bread 11:11:45 Crafts/ 1:30-2:30 Trivia 2:30-3:00 Snack Social 3:00-4:00 word games 4:00-4:30 Magazine Social 6:00-7:00 Puzzles Group 7:00-7:15 Snack Social 7:15-8:00 nail care/music					

Outside walks if weather permitting  
 Offer off unit activities

**Famous Birthdays in April**  
 Actor Marlon Brando in 1924  
 Singer Wayne Newton in 1942  
 Actor Alec Baldwin in 1958  
  
 Actor Eddie Murphy in 1961  
 - Actor Doris Day in 1922

**Fun Facts**  
 There are 206 bones in the adult human  
 The Human brain is 80% water  
 Dry ice is frozen carbon dioxide

Neil Armstrong first stepped on the moon with his left foot

**Interesting facts in April**  
 2 flowers for April the seet Pea and Daisy.  
**Diamond Is April's Birth Stone**  
 Mathematics Awareness Month  
 April 6, 1917 the United States  
 declared war on Germany in World War  
 I.  
 On April 4, 1949, the North Atlantic  
 Treaty was signed.