# 2017 DECEMBER

# Red Cliffs Health and Rehab

DECEMBER IS:

*Bingo's Birthday Month*
*National Literacy Month*
*12/6 Saint Nicholas Day*
*12/27 National Fruitcake Day*
*12/28 Pledge of Allegiance Day*

*All activities are subject to change.*

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| **31**<br>**New Year's Eve**<br>9:15 Priesthood & Relief Society<br>10:15 LDS Sacrament<br>1:30 Sunday School<br>2:00 Resident Choice Movie | | | | | **1**<br>9:00 Fit as a Fiddle<br>9:30 I Hear Memories<br>10:30 Resident Choice Outing: Walmart<br>2:00 Drive in Movie and a Treat!<br>4:00 Finish the Line... | **2**<br>9:00 Joy through Movement<br>9:30 Meet and Greet<br>10:30 Trivia/This Day In History<br>2:00 BINGO<br>3:30 Sentimental Reflections |
| **3**<br>9:15 Priesthood & Relief Society<br>10:15 LDS Sacrament<br>1:30 Sunday School<br>2:00 Resident Choice Movie | **4**<br>**National Cookie Day**<br>9:00 Fit as a Fiddle<br>9:30 Morning Hydration<br>10:00 Weekly Trivia<br>1:00 Christmas Cookie Social<br>2:00 Sentimental Sing-A-Long<br>3:30 Manicure Monday! | **5**<br>9:00 Joy through Movement<br>9:30 Current Events<br>10:00 Bible Study with Ann<br>10:30 Music & Massage with Zion's Way<br>2:00 BINGO<br>3:00 Country Cooking: M&M Christmas Cookie Bars<br>4:00 Games & Puzzles<br>6:45 Family Home Evening | **6**<br>9:00 Fit as a Fiddle<br>9:30 This Day in History: Reminisce<br>10:30 Indoor Bowling<br>12:00 Red Hat Ladies/ROMEO Lunch: Mc Donalds<br>2:30 Snack & Chat<br>3:30 Adult Coloring/ Familiar Tasks<br>4:00 Daily Devotions<br>6:00 Boy Scouts - Caroling | **7**<br>**Pearl Harbor Remembrance Day**<br>9:00 Joy through Movement<br>9:30 Music Sensory with Pamela at Dixie Health and Hospice<br>10:30 Bible Study with Mary<br>1:30 Classic Country Musical Guests!<br>3:00 Hydration Social<br>4:00 Balloon Games | **8**<br>9:00 Fit as a Fiddle<br>9:30 I Hear Memories<br>10:30 Resident Choice Outing: Dollar Tree<br>12:00 Resident Choice Buffet: Pizza and Pie<br>2:00 Drive in Movie and a Treat!<br>4:00 Finish the Line... | **9**<br>9:00 Joy through Movement<br>9:30 Meet and Greet<br>10:30 Trivia/This Day In History<br>2:00 BINGO<br>3:30 Sentimental Reflections |
| **10**<br>9:15 Priesthood & Relief Society<br>10:15 LDS Sacrament<br>1:30 Sunday School<br>2:00 Resident Choice Movie | **11**<br>9:00 Fit as a Fiddle<br>9:30 Morning Hydration<br>10:00 Weekly Trivia<br>11:30 Elk's Club Veterans Lunch<br>2:00 Sentimental Sing-A-Long<br>3:30 Manicure Monday! | **12**<br>**Hanukkah Begins**<br>9:00 Joy through Movement<br>9:30 Current Events<br>10:30 Bible Study with Ann<br>2:00 BINGO<br>3:00 Country Cooking: Peppermint Fluff Dip<br>4:00 Games & Puzzles | **13**<br>9:00 Fit as a Fiddle<br>9:30 This Day in History: Reminisce<br>10:30 Music with the Keynotes<br>1:30 Music with the Dixie Can Do Band<br>3:00 Gingerbread House Social<br>3:30 Resident Council<br>5:30 Old Fashioned Christmas Celebration | **14**<br>9:00 Joy through Movement<br>9:30 Music Sensory with Pamela at Dixie Health and Hospice<br>10:30 Bible Study with Mary<br>1:30 Catholic Mass @ Sterling Court<br>3:00 Red Cliffs Store Open<br>4:00 Balloon Games | **15**<br>9:00 Fit as a Fiddle<br>9:30 Christmas Performance from Horizon School<br>10:30 Resident Choice Outing: Walmart<br>2:00 Drive in Movie and a Treat!<br>4:00 Finish the Line... | **16**<br>9:00 Joy through Movement<br>9:30 Meet and Greet<br>10:30 Trivia/This Day In History<br>2:00 BINGO<br>3:30 Sentimental Reflections |
| **17**<br>9:15 Priesthood & Relief Society<br>10:15 LDS Sacrament<br>1:30 Sunday School<br>2:00 Resident Choice Movie | **18**<br>9:00 Fit as a Fiddle<br>9:30 Morning Hydration<br>10:00 Weekly Trivia<br>2:00 Sentimental Sing-A-Long<br>3:30 Manicure Monday! | **19**<br>**Ugly Sweater Day**<br>9:00 Joy through Movement<br>9:30 Current Events<br>10:30 Bible Study with Ann<br>2:00 BINGO<br>3:00 Country Cooking: Holiday Fudge<br>4:00 Games & Puzzles | **20**<br>9:00 Fit as a Fiddle<br>9:30 This Day in History: Reminisce<br>10:30 Bean Bag Toss<br>1:00 Chair Travelers<br>2:30 Snack & Chat<br>3:30 Adult Coloring/ Familiar Tasks<br>4:00 Daily Devotions<br>6:00 Movie Night: It's a Wonderful Life | **21**<br>**Winter Solstice**<br>9:00 Joy through Movement<br>9:30 Music Sensory w/ Pamela at Dixie Health & Hospice<br>10:30 Bible Study with Mary<br>2:00 Music w/ the Bar None Band<br>2:30 Birthday Social<br>3:00 Christmas Cookie Decorating Social | **22**<br>9:00 Fit as a Fiddle<br>9:30 I Hear Memories<br>1:00 Resident Choice Outing: Baskin Robbins<br>3:00 Drive in Movie and a Treat! | **23**<br>9:00 Joy through Movement<br>9:30 Meet and Greet<br>10:00 Trivia/This Day In History<br>10:30 Eggnog Social<br>2:00 BINGO<br>3:30 Sentimental Reflections |
| **24**<br>**National Eggnog Day**<br>**Christmas Eve**<br>9:15 Priesthood & Relief Society<br>10:15 LDS Sacrament<br>1:30 Sunday School<br>2:00 Resident Choice Movie | **25**<br>**Christmas Day**<br>9:00 Fit as a Fiddle<br>9:30 Morning Hydration<br>10:00 Christmas Traditions and Trivia<br>2:00 Sentimental Sing-A-Long | **26**<br>**Kwanzaa Begins**<br>9:00 Joy through Movement<br>9:30 Current Events<br>10:30 Bible Study with Ann<br>2:00 BINGO<br>3:00 Country Cooking: Cozy Pasta Parmesan Soup<br>4:00 Games & Puzzles<br>6:30 TED Taco Tuesday | **27**<br>9:00 Fit as a Fiddle<br>9:30 This Day in History: Reminisce<br>10:30 Indoor Bowling<br>1:30 Music with the Dixie Can Do Band<br>2:30 Snack & Chat<br>3:30 Adult Coloring/ Familiar Tasks<br>4:00 Daily Devotions | **28**<br>9:00 Joy through Movement<br>9:30 Music Sensory with Pamela at Dixie Health and Hospice<br>10:30 Bible Study with Mary<br>2:30 Music Performance with the Leonard/ Hanson Families<br>3:30 Red Cliffs Store Open<br>4:00 Balloon Games | **29**<br>9:00 Fit as a Fiddle<br>9:30 I Hear Memories<br>12:30 Lunch Bunch Outing: Olive Garden<br>2:00 Drive in Movie and a Treat!<br>4:00 Finish the Line... | **30**<br>9:00 Joy through Movement<br>9:30 Meet and Greet<br>10:00 Trivia/This Day In History<br>10:30 Christmas Clean Up Social<br>2:00 BINGO<br>3:30 Sentimental Reflections<br>*Calendar continued above.* |